



**NAVIN**  
**SUBRAMANIAN, M.D**  
ORTHOPAEDIC SPINE SURGEON

Engagement Guidelines

## Company Profile:

Main Tag Line: "Get Back to the Activities You Love"

Company Description: Certified by the American Board of Orthopaedic Surgery, and a fellow of Orthopedic Surgery of the Spine, Dr. Navin Subramanian specializes in minimally invasive spine surgery, adult lumbar and cervical disorders, and spine trauma.

History: Dr. Subramanian was born and raised in Chicago, IL, and relocated to Louisiana with his family in his early teenage years. In 1997, Dr. Subramanian received his B.S. from Louisiana State University. He continued his education at Louisiana State University Health Sciences Center in Shreveport, LA, where he received his medical degree in 2001.

He completed his orthopedic surgery residency at the Baylor College of Medicine in Houston, TX in 2006, and fellowship of orthopedic spine surgery at Beth Israel Medical Center in New York City, NY.

Dr. Subramanian specializes in a variety of spine pathology disciplines including trauma, deformity, degenerative pathologic conditions, and minimally invasive and microscopic spine surgical techniques. He has been involved in research in various areas of spine pathology, received awards for his projects, and is published in respected peer reviewed journals.

Dr. Subramanian is Board Certified by the American Board of Orthopaedic Surgery, Head Chair of Orthopedics at St. Joseph Medical Center, and is affiliated with Memorial Hermann Hospital (Texas Medical Center), Houston Orthopedic & Spine Hospital, Houston Metro Ortho and Spine Surgical Center, Houston Methodist Hospital, and Kingwood Medical Center.

## Ads Targeting Audiences:

Dr. Subramanian - General Actions ▾ ✕

**Summary** Usage History

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**Audience Name**  
Dr. Subramanian - General

**Size**  
2,900,000

**Type**  
Saved Audience

**Created**  
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**Last Updated**  
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**Saved Audience Details**

Location - Living In: United States: Houston (+25 mi) Texas

Age: 25 - 65+

People Who Match: Interests: Athlete, Volleyball, Neutral spine, Fishing, Surfing, Meditation, Poor posture, Baseball, Mountain biking, Hunting, Healthy Habits, Association football (Soccer), Quality of life, Spine-health, Sacrum, Boating, Stretching, Auto racing, Sciatic nerve, Cervical spinal nerve 5, College football, Swimming, Sacroiliac joint, Neck, Reduction (orthopedic surgery), Joint, Spinal cord, Sleeping positions, Health & wellness, Sports, Physical fitness, Spondylitis, Kyphosis, Intervertebral disc, Work Out, Yoga, Skiing, Lumbar, Camping, Triathlons, Cervical spinal nerve 8, Basketball, American football, Spinal, Tennis, Running, Orthopedic mattress, Vertebral column, Marathons, Cure Back Pain Network, Weight training, Aerobics, Golf, Snowboarding, Lumbar vertebrae, Scoliosis Research Society, Bodybuilding, Health (magazine), Horseback riding, Old age, Relaxation technique, Athletic training, Physical exercise, Cervical vertebrae, Nerve, Ortho Mattress, Well-being or Fractured Spine, Industry: Life, Physical and Social Sciences or Veterans (US)

[Edit](#)

## Hashtag Guide:

Brand/General: #HoustonSpineDoc #houstonspine #spinedoctor #spinedoc  
#spinesurgeon #spinalsurgeon #spinehouston #spine #spinalsurgery  
#spinalhealth #spinesurgery

Spine Health: #WellnessWednesday #spinehealthtips #spinemobility  
#spinestretch #healthyspine #spinelove #spinehealth #spinalcare #spinecare  
#goodposture #backpainrelief #neckpainrelief #spinepainrelief  
#spinepainwarrior #spineexercises #backpainsucks #spinepainsucks  
#spinalcordinjuryrecovery #spinesurgeryrecovery #spinalsurgeryrecovery  
#scoliosisexercise #spinalfusionrecovery

Injury/Spinal Conditions: #backpain #sciatica #sciaticpain #scoliosis  
#sacroiliacjointdysfunction #sijoint #sijointpain #sacroiliac #lumbarpain  
#herniateddisc #slippeddisc #lowerbackpain #lowbackpain #neckpain  
#headaches #migraines #spinepain #spineinjury #spinalinjury  
#spinalcordinjury #spinalstenosis #spinaltwist #spinaltrauma #spinetrauma  
#spinedeformity #spinaldeformity #chronicpain

Surgeries/Treatments: #scoliosissurgery #spinalfusion #ACDF #kyphoplasty  
#discreplacement #minimallyinvasive #minimallyinvasivesurgery  
#minimallyinvasivespinesurgery #discfusion #spinetreatment #jointfusion  
#spinalmanipulation #spinaldecompression #spinalfusionsurgery  
#spinefusion #lumbardisectomy #sacroiliacjointfusion #spinelaminectomy  
#directlateralinterbodyfusion #discreplacement #discreplacementsurgery  
#discarthroplasty

